WHAT IS CLAIMED IS:

- 1. An in-line roller skate comprising:
- a frame having a front end and a tail end, said frame having attachment means adapted to secure said frame to a boot, said frame having a curved lower portion,
- a point stop located at the front end of said frame along said curved lower portion,
- a front ball support located adjacent and behind said point stop at the front end of said frame along said curved lower portion,
- a plurality of rotating rollers located behind said front ball support along said curved lower portion of said frame, and
- a tail ball support located at the tail end of said frame along the curved lower portion thereof.
- 2. The roller skate as in claim 1, wherein said point stop is a roller fixed in position.
- 3. The roller skate as in claim 2, wherein the diameter of said roller of said point stop is same as the diameter of said rotating rollers of said plurality.
- 4. The roller skate as in claim 2, wherein the diameter of said roller of said point stop is lower than the diameter of said rotating rollers of said plurality.
- 5. The roller skate as in claim 1, wherein said point stop is a

tapered bushing.

- 6. The roller skate as in claim 1, wherein said front and said tail ball support comprising a housing supporting a ball to allow for free rotation of said ball within said housing.
- 7. The roller skate as in claim 1, wherein said plurality of rotating rollers further comprising a first rotating roller placed towards the front end of said frame, at least one intermediate rotating roller, and a last rotating roller.
- 8. The roller skate as in claim 7, wherein the distance between the rollers of said plurality of rotating rollers is greater than the distance between said first rotating roller and said front ball support.
- 9. The roller skate as in claim 7 wherein the rollers of said plurality of rotating rollers are spaced apart evenly at a distance between the rollers ranging from about 1 to about 3 inches.
- 10. The roller skate as in claim 7, wherein the distance between the first rotating roller and said front ball support is about half to about two inches.
- 11. The roller skate as in claim 7, wherein the distance between the tail ball support and the last rotating roller is less than the distance between the rotating rollers of said plurality.
- 12. The roller skate as in claim 1, wherein the lower curved portion of said frame defining a curvature sufficient to allow support of the skate only by said point stop and said front ball support.